

Rockpooling



i

New to rockpooling?
See this online video guide from the Natural History Museum www.nhm.ac.uk/discover/how-to-go-rockpooling.html
Look out for useful Codes of Conduct for Rockpooling such as the one for the Lindisfarne National Nature Reserve

Respect

- For your safety, check local tide times and be aware of local hazards and conditions.
- Abide by the [Scottish Outdoor Access Code](#)¹ (Scotland) or [The Countryside Code](#)² (England). These give invaluable guidance on how to respect those living, working or enjoying the coast and countryside.
- Be aware of any local byelaws and other restrictions effecting access. Look out for signage and always follow the guidance displayed or guidance given by site wardens.
- Bin your litter or take it home; it spoils the beauty of the place for others and can be dangerous to wildlife.

Protect

- Tread carefully so as not to damage delicate plants and animals.
- Leave animals and seaweeds where you find them and replace overturned rocks.
- Use care when lifting up rocks or seaweed to look underneath and immediately replace them carefully. Do not pull creatures out of crevices or remove those stuck to rocks.
- Only put one creature at a time into your bucket or tray. Putting lots in at once can be very stressful for them. Try not to keep them in there for longer than is necessary and return them at the earliest opportunity.
- Remember that many creatures have a home territory. When you have finished please return them all to where they came from.
- Take photos instead of removing nature as souvenirs.
- Give space to wildlife. 40-50m is usually enough for birds, or 100m for seals. If birds or animals react to your presence by becoming watchful, moving or flying away or making repeated alarm calls, then you're too close.

Enjoy

Berwickshire and Northumberland coast has some of the most diverse rocky shore in the UK and is a fantastic place for families to explore the variety of marine life found there.

Wanting to take crab or lobster home for consumption? See our Recreational Potting section for details of local restrictions and permit requirements.



© Gavin Duthie/Northumberland Coast AONB

1. www.outdooraccess-scotland.scot

2. www.gov.uk/government/publications/the-countryside-code