



Walking



Respect

- Abide by the [Scottish Outdoor Access Code](#)¹ (Scotland) or [The Countryside Code](#)² (England). These give invaluable guidance on how to respect those living, working or enjoying the coast and countryside.
- Be aware of any local bylaws and restrictions effecting access. Look out for signage and always follow the guidance displayed or guidance given by site wardens.
- Gates and property should be left as you find them N.B. Sometimes gates are left open to give animals access to food and water.
- Bin your litter or take it home; it spoils the beauty of the place for others and can be dangerous to wildlife.

Protect

- Give space to wildlife. 40-50m is usually enough for birds, or 100m for seals. If birds or animals react to your presence by becoming watchful, moving or fly away or making repeated alarm calls, then you're too close.
- After walking through dunes check your clothes and laces for the seeds of the invasive Pirri-Pirri Bur. Take care to prise them from your clothing and put them into a rubbish bin.
- Keep to Rights of Way and designated paths to avoid trampling sensitive habitats such as dunes and saltmarsh.
- Some areas may be fenced, either permanently or temporarily, to protect habitats or vulnerable species such as ground nesting birds. Please respect such areas and do not enter.
- Do not damage or remove rocks, wood, plants, or trees, as they provide shelter and food for wildlife.

Enjoy

The Berwickshire, Northumberland and North Tyneside coast offer an extensive network of trails that allow you to experience seaside villages, tidal marshes, cliffs, and sandy beaches.

This network of walking routes includes coast three nationally promoted trails:

1. England Coast Path – this is our newest National Trail which will run between the Tyne and the Scottish Border.
2. The Berwickshire Coastal Path – One of Scotland's Great Trails running 45km from Cockburnspath in the north down to Berwick-upon-Tweed, taking in dramatic clifftop scenery and the St Abb's Head National Nature Reserve.
3. St Cuthbert's Way – another of Scotland's Great Trails, this walking route starts in Melrose with the final section incorporating the historic Pilgrims Path crossing to the Island of Lindisfarne.

Walking with a dog? See our Dog Walking section for further information.

1. www.outdooraccess-scotland.scot
2. www.gov.uk/government/publications/the-countryside-code